



HOT Coffee

S M L J
4.7 5.4 5.9 6.9

Milk Based

CAPPUCINO
LATTE
FLAT WHITE
PICCOLO

Espresso Based

LONG BLACK
LONG MACC
SHORT MACC
ESPRESSO

SIGNATURE Lattes!

S M L J
5.7 6.4 6.9 7.9

SALTED CARAMEL LATTE
MOCHA CARAMEL LATTE
DOUBLE DARK CHOC LATTE

SOMETHING Sweet

HOT CHOC S M L J
WHITE CHOC 4.5 5.2 5.8 6.7
CHAI LATTE

MOCHA S M L J
WHITE MOCHA 5 5.7 6.3 7.2

THE Extras

FLAVOUR SHOT 1
Caramel, Hazelnut, Vanilla, White Choc
KIDS BABYCHINO 1
SOY & LACTOSE FREE .70
MILKLAB ALMOND & OAT .70

TeaTIME

S M L
4.5 5.2 5.8

GREEN TEA EARLY GREY
PEPPERMINT ENGLISH BREAKFAST

BOTTLED Drinks

COLD PRESS EMMA & TOM 4.9
JUICES
OJ, Cloudy Apple, Green Power, Kickstarter, Extreme C
SOFT DRINKS 600ML 4.5
Coke, Coke No Sugar, Diet Coke, Sprite, Fanta, Lift
SPARKLING WATER 4.5
MT FRANKLIN WATER 3.5
POP TOPS 3

FRUIT Frappe

M L
8 9



Watermelon & Lime



Tropical Twist

Mango, Guava & Lychee

Pomegranate & Raspberry

CAFE Frappe

M L
8.5 9.5

COFFEE
CHOCOLATE SPICED CHAI
WHITE CHOCOLATE MOCHA



Coffee Frappe



Choc Frappe

CHILLED Coffee

M L
ICED COFFEE 8 9
ICED LATTE 6 7.5
ICED LONG BLACK 5.5 7



Iced Latte

EXTREME Shakes

M L
9.9 10.9



FRUIT Smoothies

8.9

ENERGISE
Strawberries, apple, pear, pineapple & dates
REBOOT
Mango, banana, pineapple, & passionfruit
BOOSTER
Banana, mango, spinach & lime juice
DETOX
Blueberries, banana, dates, & boysenberries



MILK Shakes

STRAWBERRY BLUE HEAVEN
CHOCOLATE LIME
VANILLA BANANA Kids M L
CAMEL 4.9 6.9 7.9

ALL DAY Menu

TASTY Toasties

BACON, EGG & CHEESE	12.9
CHICKEN, CHEESE & BACON	12.9
CHICKEN, CHEESE & AVOCADO	12.9
HAM, CHEESE & TOMATO	9.9
HAM & CHEESE	9.9

KEEP IT Fresh

YOGHURT & MUESLI POT	6.5
<i>Lemon or Mixed Berry</i>	



BREAKY Snacks

HAM & CHEESE CROISSANT	8.9
HASH BROWNS (3)	3.0
QUICHE OF THE DAY	8.5
RAISIN TOAST (2 slices)	5.0
BANANA BREAD	4.9
CHEESE SAVOURY TWIST OR	5.5
CHEESE & BACON SAVOURY TWIST	



SWEET Snacks

TEXAS MUFFINS	4.7
<i>Triple Choc, Raspberry White Choc, Blueberry</i>	
SWEET SLICES	4.5
<i>Caramel, Hedgehog, Lemon</i>	
ALMOND CROISSANT	7.5
CARROT CAKE SLICE	5.5
COOKIES	4.5
<i>Smartie, Smiley face, Gingerbread Man, GF Yo-yo</i>	

KEEP ON Rollin'



BIG BREAKY ROLL	12.9
<i>Crispy bacon, egg, cheese, hashbrown, spinach, onion and aioli on a brioche bun</i>	
BACON & EGG ROLL	8.0
<i>Crispy bacon, fried egg on a brioche bun with sauce</i>	
CHICKEN SCHNITTY	12.9
<i>Chicken Schnitzel, cheese, tomato, spinach & aioli on a brioche bun</i>	
CHICKEN DELUXE	13.9
<i>Chicken Schnitzel, bacon, cheese & aioli on a toasted brioche bun.</i>	
GREEN GARDEN BURGER (V)	12.9
<i>Aromatic Garden patty, spinach, tomato, spanish onion & tomato relish</i>	

Wrap IT UP

BACON & EGG WRAP	8.5
SWEET CHILLI CHICKEN WRAP	12.9
GARDEN VEG WRAP (V)	12.9

Add

HASHBROWNS +3



HOT Snacks

CHUNKY FRIES	6.9
SWEET POTATO FRIES	9.9
WEDGES	7.5
SAUSAGE ROLL	6.5
SPINACH & CHEESE ROLL	5.6



8.9

Small Coffee & a Muffin

Combos

13.5



Toastie + Small Coffee

11.9

Small Coffee + Bacon & Egg Roll



Small Coffee + Slice



7.5